

INFLAMMATORY DISEASE TREATMENT*Ans B3**su, CL 9/2*

This invention relates to alcohol-containing compositions which are useful in treating various virus infections and inflammatory diseases of the skin and membranes, including burns, laceration damage and acute injuries. More specifically the present invention relates to a narrow class of aliphatic straight-chain saturated monohydric alcohols which have from 20 to 26, preferably 22 to 26, carbons in the chain.

CL 9/2 Background of the Invention

It is well-known that certain selected alcohols have some physiological activity. It is known, for example, that 1-triacontanol stimulates the growth of plants, see, e.g. Ries, Stanley K. and Sweeney, Charles C., U.S. Patent 4,150,970. Interestingly, the C-30 alcohol triacontanol appears to possess this physiological activity and that the C-28 and C-32 do not possess such physiological activity, or at least have very much less physiological activity in plant growth, see, e.g., the patents and publications of Ries et al., *ibid*, and of Ashmead, Harvey H., Weleber, Andrew J., Laughlin, Robert G., Nickey, Donald O. & Parker, Dane. K, and Ohorogge, Alvin J.

Triacontanol has also been reported to accelerate the decomposition of sewage and reduce H₂S, Starr, Jerry, U.S. Patent 4,246,100.

Beeswax comprises, *inter alia*, esters of long-chain aliphatic alcohols having chain lengths in the area of interest, and it is known to obtain such alcohols by hydrolysis of beeswax. Beeswax has been used since antiquity in a great variety of cosmetic and therapeutic applications, as a base for lipstick, in lotions and creams, as an emollient and as a constituent in therapeutic products for topical and membrane application. Various constituents of beeswax and products derived from beeswax have also been used in cosmetic and therapeutic applications. For example, Slimak, Karen M., U.S. Patent No. 4,793,991, describes a hypoallergenic cosmetic comprising single plant source beeswax. Gans, Eugen, Nacht, Sergio and Yeung, David have described the use of the non-polar saturated straight chain C-21 to C-33 hydrocarbon

fraction of beeswax in the treatment of inflammatory skin disorders, U.S. Patent No. 4,623,667.

5 The mechanism of the rather diverse and unpredictable physiological effects of the various alcohols are, at best, poorly understood and studies are not generally definitive. There appears to some interaction of certain n-alkanols with lipid bilayer membranes, Westerman, PW, Pope, JM, Phonphok, N., Dan, JW, dubro, DW, Biochim Biophys Acta(NETHERLANDS) 939, 64-¹⁴ 78 (1988), and studies have been conducted respecting the partitioning of long-chain alcohols into lipid bilayers, Franks NP & Lieb WR, Proc. Natl. Acad. Sci. USA 83 5116-20 (1986); cholesterol solubility of n-alkanols, Pal S. & Moulik SP, Indian J Biochem Biophys 24 24-8 (1987); neurological effects of certain long-chain alcohols, Natarajan V & Schmid HH, Lipids 12 128-30 (1977); Snider SR, Ann Neurol 16 723 (1984); Borg J, Toazara J, Hietter H, Henry M, Schmitt G, Luu B, FEBS Lett 213 406-10 (1987).

10 15 Levin, Ezra reported that tetracosanol, hexacosanol, octacosanol and triacontanol and their esters improved physical performance of athletes and disclosed compositions comprising such alcohols and esters in vegetable oil bases for oral ingestion, U.S. Patent 3,031,376.

An incidental disclosure of a composition intended for topical application comprising a major portion liquified gaseous propellant and a minor portion of a mixture of C-12 to C-30 fatty alcohols which were used simply to mark the areas of application of the aerosol is contained in U.S. Patent 3,584,115 to Gebhart.

20 25 30 Clark, U.S. Patent 4,670,471 discloses the use of triacontanol, in a suitable carrier, as a treatment for inflammatory disorders such as herpes simplex, eczema, shingles, atopic dermatitis, psoriasis, etc. Clark performed experiments with the compositions of the type disclosed by Gebhart, U.S. Patent 3,584,115 comprising an aerosol and a mixture of triacontanol and palmitic acid, which Clark indicates to be as effective as pure triacontanol, and concluded that the aerosol carrier destroyed the effect of triacontanol and that a hydrophilic carrier for triacontanol was necessary to achieve the desired

anti-inflammatory effect. There is some reason to believe that Clark's composition was simply saponified beeswax which would contain triacontanol and palmitic acid, as Clark indicates, but which would also contain, as substantial constituents, hexacosanolic acid and various hydrocarbons. Results of gas chromatographic-mass spectrum analysis of various compositions believed to have been used by Clark were not definitive, but suggested that at least some such compositions were very complex mixtures, some of which may be lower alkanes, esters, acids or alcohols. Whether or not these were found by Clark to be effective anti-inflammatory compositions is not known. McKeough, Mark & Spruance, SL evaluated the efficacy of 5 percent triacontanol in a branch chain ester base in the treatment of HSV-1 dorsal cutaneous infection in guinea pigs and concluded that the active ingredient in triacontanol is the long chain hydrocarbon (unpublished report in the file of US Patent 4,670,471).

Revici, Emanuel, Sherwood, Bob E., Benecke, Herman P., Rice, John M., and Geisler, Richard W., US Patent 4,513,008, disclose a method of inactivating enveloped virus using C-20 to C-24 polyunsaturated acids, aldehydes or alcohols having 5-7 double bonds, and references disclosures by Sands et al. (Antimicrobial Agents and Chemotherapy 15, 67-73 (1979)), antiviral activity of C-14 to C-20 unsaturated alcohols having 1-4 double bonds, C-20 tetraenyl alcohol having low activity, Snipes et al., (Antimicrobial Agents and Chemotherapy 11, 98-104 (1977) and Symp. Pharm. Effects Lipids (AOCS Monograph No. 5) 63-74 (1978)) even lower antiviral activity for saturated long-chain alcohols.

Katz, Martin & Neiman, Herbert M, U.S. Patent 3,592,930 disclose a medicant vehicle containing from 15 to 45 parts of saturated fatty alcohol from 16 to 24 carbons, along with glycol solvent, plasticizer, penetrant and adjuvant which is used as a carrier for antibiotics, steroids, antihistamines, etc.

Ryde, Emma Marta & Ekstedt, Jan Erik, U.S. Patent 3,863,633 disclose a composition for topical treatment of the eye which comprises a lipophilic substance, a hydrophilic swellable polymer and from 10 to 80 percent C-12 to

C-22 surface active alcohols such as 1-docosanol, 1-hexadecanol, 1-octadecanol and 1-eicosanol which serve as a stabilizer for the mixture.

The content of the prior art and the corresponding skill of the art, relative to topically administered compositions, may be summarized as follows:

5 Short-chain alcohols, i.e. under about 16 carbons, tend to be irritants while longer chain alcohols, particularly the aliphatic alcohols tend to be non-irritating (Katz et al., supra). 1-Triacontanol, a 30-carbon unsaturated aliphatic alcohol, in a suitable hydrophilic carrier has (or may have depending upon the precise compositions used by Clark) value in treating inflammatory

10 conditions of the skin (Clark, supra). Shorter chain C-10 to C-14 aliphatic alcohols demonstrate low level in vitro virucidal characteristics, while C-18 alcohols show no discernable virucidal activity in vitro (Snipes, supra). Polyunsaturated C-20 to C-24 alcohols inactivate enveloped virus (Revici et al., supra). C-16 to C-24 aliphatic alcohols are useful as stabilizers in carrier

15 compositions for drugs having diverse physiological activity.

Respecting aliphatic alcohols, one would predict from the studies of Snipes and Clark that, in the continuum of aliphatic alcohols from C-10 to C-30 virucidal activity, at a very low level, may appear (if in vitro studies may be used to predict in vivo results) in C-10 to C-14 alcohols (which would also be irritants as reported by Katz), that virucidal activity disappears in the C-16 to C-28 range and then appears uniquely (if Clark's compositions were pure triacontanol or mixtures of triacontanol with palmitic acid as he indicates) with the C-30 alcohol 1-triacontanol, which has been shown to have unique physiological effects in plant treatment.

25 Even considering the possible ambiguity of Clark's compositions, one would not predict any significant virucidal activity for aliphatic alcohols in the C-20 through C-28 chain-length.

Notwithstanding the negative teachings of the prior art, the present invention comprises compositions and methods for topical treatment of inflammatory diseases, including virus-induced inflammation, burns, laceration damage and acute injuries, in which the active constitute consists essentially

of C-20 to C-26, and preferably C-22 to C-26 aliphatic alcohols, e.g. docosanol, tetracosanol and hexacosanol.

CL 4/c Summary of the Invention

P The present invention is embodied in a method treating inflammatory and viral skin diseases, such as may result, for example, from virus infection, burns, lacerations and acute injuries, comprising application of a composition consisting of one or more of C-20 to C-26 aliphatic alcohols, preferably one or more alcohols selected from the group consisting of 1-docosanol, 1-tetracosanol and 1-hexacosanol, in a physiologically compatible carrier.

DE, CL 4/c Description of the Preferred Embodiments

P The compositions suitable for use in this invention consists essentially of a carrier which is physiologically compatible with the skin and membrane tissues of the patient, i.e. non-irritating, and which is substantially inactive physiologically (except for possible emollient properties) and, as the physiologically active composition, one or more C-20 to C-26 aliphatic alcohols, e.g. one or more of 1-eicosanol, 1-docosanol, 1-tetracosanol and 1-hexacosanol.

The method may be carried out using compositions in which the sole physiologically active agent(s) is the C-20 to C-26 aliphatic alcohol, or comparable compositions which may also include other physiologically active constituents which do not interfere with the efficacy of the C-20 to C-26 alcohols.

The composition of the carrier is not critical so long as the carrier is non-irritating to skin and membranes and is substantially free from physiological effect, e.g. has no physiological effect other than be an emollient.

An exemplary composition for use in this invention would be similar to that disclosed by Katz, et al., in U.S. Patent 3,592,930 without the addition of any other physiologically active constituent, e.g. a mixture of C-20 to C-26 alcohols, preferably one or more of the alcohols 1-docosanol, 1-tetracosanol and 1-hexacosanol, a glycol solvent such as propylene glycol, and, if desired, a plasticizer such as glycerol or a polyethylene glycol having a molecular

weight of from 800 to 20,000.

A suitable carrier may comprise white petrolatum, stearyl alcohol, isopropyl myristate, sorbitan monooleate, propylene glycol, water and a detergent such as polyoxyl stearate mixed to form a stable cream. The active 5 alcohols, e.g. one or more of 1-docosanol, 1-tetracosanol and 1-hexacosanol is added to the carrier in amounts from about 0.1 to about 25 percent by weight, typically in the range of from 1 to 5 percent. Higher concentrations 10 of the active alcohol(s) may be used but no increase in efficacy results from concentrations above about 15 to 25 weight percent. The concentration of the active alcohol(s) is not critical, but optimum efficacy coupled with efficient 15 use of the active ingredient would be found in the 1 to 5 weight percent range.

Another suitable composition for use in the method of this invention 15 would be a cream formulated of water, white petrolatum, isopropyl myristate, lanolin alcohols, mineral oil and cetylstearyl alcohol into which from 1 to 5 percent of C-20 to C-26 alcohols, e.g. one or more alcohols selected from the group consisting of 1-docosanol, 1-tetracosanol and 1-hexacosanol has been intimately mixed.

An alternative suitable composition for use in this invention may be 20 formulated of stearyl alcohol, petrolatum, water and mineral oil stabilized with a detergent such as sodium lauryl sulfate and may include a preservative such as methylparaben or propylparaben, and an effective amount, typically from about 0.1 to 5 percent by weight of one or more alcohols selected from the group consisting of 1-docosanol, 1-tetracosanol and 1-hexacosanol.

25 In all cases, suitable preservatives, such as ethylene diamine tetraacetate salts, methylparaben, propylparaben, etc., may be added to prevent bacterial and fungal growth. Penetrants, such as azone, may also be added if desired.

The method of the present invention will require application to the 30 inflamed area of skin or membrane of compositions, such as those described above as merely exemplary, in which the active ingredient consists essentially

of one or more aliphatic alcohols having from 20 to 26 carbons in the aliphatic chain, an exemplary composition comprising one or more alcohols selected from the group consisting of 1-docosanol, 1-tetracosanol and 1-hexacosanol. Three to 6 applications of the ointment or cream per day will, in most cases, be expected to produce prompt relief from the itching, discomfort associated with such diseases and promote healing of damaged tissues within a few days to a few weeks.

The method described is useful in treating a wide variety of viral and inflammatory diseases, examples of which include herpes simplex, eczema, shingles, psoriasis, atopic dermatitis, and in treating inflammation resulting from burns, lacerations and acute injuries.

It will be readily understood from the foregoing that the essential constituent(s) of the compositions useful in the present method is one or more aliphatic alcohols having from 20 to 26 carbons in the aliphatic chain of the alcohol(s), and that the composition of the carrier is non-critical and subject to great variation.

CL 41c Industrial Application

This invention is useful in treating virus-induced inflammatory diseases of humans and other animals, and inflammation resulting from burns, lacerations and acute injuries.